

Because You Care s part of a growing number of retired persons in society today, you take comfort in knowing that medical services will be there when you need them. So it should concern you to know that due to the unscrupulous practices of a small proportion of health care providers, Medicare and Medicaid are being drained of valuable resources that you rely on when it comes to your health and the health of your loved ones.

Many people just like you are unaware of the contributions they can make to help curb and even prevent this drain on our medical system. By volunteering for Operation Restore Trust (ORT), you can become an integral member of the growing effort to help fight Medicare and Medicaid fraud and abuse and the wasting of taxpayer dollars.

What Is
Operation
Restore Trust?

Announced by President Clinton at the 1995 White House Conference on Aging, ORT is a government-led effort which uses innovative, proactive partnerships across the federal, state, and community levels to identify and report health care waste, fraud and abuse. Heading the operation at the federal level are three agencies within the Department of Health and Human Services: the Administration on Aging, the Office of Inspector General, and the Health Care Financing Administration, which work together with the Department of Justice to combat and prevent this serious national problem.

The Role of AoA

The Administration on Aging (AoA), the only federal agency dedicated to planning and delivering services exclusively to older Americans, cares about the quality of health care provided to older adults and is committed to reducing waste, fraud and abuse in the Medicare and Medicaid programs. AoA is also awarding grants to states and communities to develop public information campaigns and to train retired professionals,

AoA has been involved in ORT from the beginning, training state and local ombudsmen, health insurance counselors, and others to recognize and report suspected cases of fraud and abuse in nursing homes.

such as doctors, nurses, teachers, accountants, lawyers, and others to work with older Americans in their communities to review their benefit



## ADMINISTRATION ON AGING

How Widespread Is Health Care Waste, Fraud and Abuse?

What Are Fraud and Abuse?

What You Can Do To Help statements to identify and report potential waste, fraud and abuse. There has never been a greater need for volunteers than there is now. Medicare and Medicaid waste, fraud and abuse are costing our society billions of dollars. That's why we need your help. To ensure quality health care tomorrow, we have to fix the problem today.

In 1998 alone, Medicare lost nearly \$13 billion to fraudulent or unnecessary claims. This problem affects all Americans. It affects those who depend on Medicare and Medicaid by diminishing the quality of the treatment they receive. It affects caregivers by decreasing the funding available for

The United States General Accounting Office estimates that \$1 out of every \$7 spent on Medicare is lost to fraud and abuse.

important programs. And it affects everyone who pays taxes by wasting billions of tax dollars.

Most health care professionals are honest, trustworthy, and responsible. The goal of ORT is to weed out those few health care providers who operate with the intention of using Medicare and Medicaid as a pipeline to personal profit. Fraud occurs when an individual or organization deliberately deceives others in order to gain some sort of unauthorized benefit. Medicare and Medicaid fraud generally involves billing for services that were never rendered or billing for a service at a higher rate than is actually justified.

Health care abuse occurs when providers supply services or products that are medically unnecessary or that do not meet professional standards.

*First*: Treat your Medicare number as you would your credit card number.

**Second**: Read your explanation of benefits statement carefully. Call your provider or Medicare insurance company for an explanation or clarification of unusual or questionable Medicare charges.

*Third*: If you have called your provider and your Medicare insurance carrier and continue to have questions, call the Medicare Fraud Hotline at 1-800-447-8477.

*Fourth*: If you wish to find out how you might volunteer in this effort, call the following AoA-funded project in your state:

*Alabama*: Alabama Commission on Aging (334) 242-5743

*Alaska*: Alaska State Division of Senior Services (907) 269-3669

Arizona: Arizona Department of Economic

Security (602) 542-4446

Arkansas: Arkansas Seniors Organized for

Progress (501) 661-1401

*California*: California Health Insurance Counseling Advocacy Programs Association (714) 560-0309

*Colorado*: Colorado Division of Insurance (303) 894-7499, Ext. 355

*Connecticut*: Connecticut Department of Social Services (860) 424-5244

**Delaware:** Department of Health and Social Services (302) 577-4791

#### District of Columbia:

AARP Foundation (202) 434-6090 Friendship House (202) 675-9071

*Florida*: Tampa Bay Regional Planning Council (727) 577-5151

#### Georgia:

Atlanta Regional Commission (404) 364-2527; Department of Human Resources (404) 657-5347

*Hawaii*: Executive Office on Aging (808) 586-7281

*Idaho*: Idaho Medicare Watch Partnership (208) 334-2219

*Illinois*: Suburban Area Agency on Aging (708) 383-0258

*Indiana*: Division of Disability, Aging and Rehabilitative Services (317) 232-1734

*Iowa*: Iowa Department of Elder Affairs (515) 281-4653

*Maine*: Department of Human Services Bureau of Elder Services (207) 624-5335

*Maryland*: Maryland Office on Aging (410) 767-1278

*Massachusetts*: Elder Services of Merrimack (978) 683-7747, Ext. 350

*Michigan*: Area Agencies on Aging Association of Michigan, (517) 886-1029

*Minnesota*: Minnesota Board of Aging (651) 296-3839

*Missouri*: District III Area Agency on Aging (660) 747-3107

*Montana*: Missoula Aging Services (406) 728-7682

*Nevada*: Nevada Division of Aging Services (702) 486-3545

*New Hampshire*: Division of Elderly and Adult Services (603) 271-3944

*New Mexico*: New Mexico State Agency on Aging (505) 827-5890

**New York:** State Office for the Aging (518) 474-7329

*Ohio*: Western Reserve Area Agency on Aging (216) 621-8010, Ext. 107

*Oklahoma*: State of Oklahoma Insurance Department (405) 521-2746

*Oregon*: Senior Medicare Patrol Project (503) 945-5812

**Pennsylvania:** CARIE (215) 545-5728

**Puerto Rico:** Governor's Office of Elderly Affairs (787) 721-4560

**Rhode Island:** Aging 2000, Inc. (888) 684-7200

*Texas*: Baylor University (254) 710-3601 National Hispanic Council on Aging (202) 265-1288

Utah: Utah Legal Services (801) 328-0618

*Virginia*: Virginia Association of Area Agencies on Aging (804) 644-2804

*Washington*: Office of the Insurance Counselor (206) 654-1833

*Wisconsin*: Coalition of Wisconsin Aging Groups (800) 488-2596

# Remember — Who Pays? You Pay Report Medicare and Medicaid Fraud

Working in close partnership with its sister agencies in the Department of Health and Human Services, the Administration on Aging provides leadership, technical assistance, and support to the national aging network of 57 State Units on Aging, 655 Area Agencies on Aging, 225 Tribal and native organizations representing 300 American Indian and Alaska Native Tribal organizations and 2 organizations serving Native Hawaiians, plus thousands of service providers, adult care centers, caregivers, and volunteers.

### For more information about the Administration on Aging, please contact:

Administration on Aging

U.S. Department of Health and Human Services

Washington, DC 20201

Website: http://www.aoa.gov

Phone: (202) 619-0724

Fax: (202) 260-1012

TDD: (202) 401-7575

E-mail: aoa.esec@aoa.gov

Eldercare Locator: 1-800-677-1116, Monday – Friday, 9 a.m. to 8 p.m. ET